

# HANDWASHING WITH SOAP AND WATER



1



Wet hands with water and apply enough soap

2



Rub hands palm to palm

3



Rub the palm of the right-hand against the back of your left-hand with fingers interlaced and vice versa

4



Rub hands palm to palm with fingers interlaced

5



Rub the back of your fingers against the palm of the other hand with fingers interlocked

6



Rub the left thumb in a rotational movement against the palm of the right-hand and vice versa

7



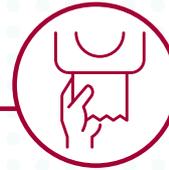
Rub the fingers of the right-hand in a rotational movement against the palm of the left-hand and vice versa

8



Rinse hands with water

9



Dry thoroughly with a single use towel

10



Use towel or your elbow to turn off the tap

## PLEASE NOTE:

20

seconds

The duration for handwashing should be at least 20 seconds

Save water